

Physical Education

Year group: 2

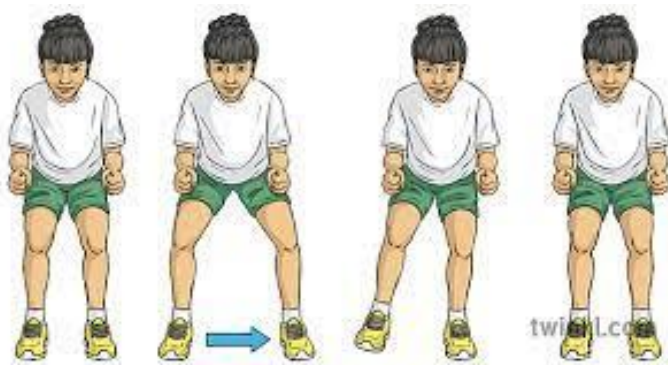
Term: Autumn 1

Prior knowledge

Pupils will understand running using different parts of their bodies.

National Curriculum Objectives

- Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities



Topic overview



Locomotion - Dodging

The unit of work will challenge pupils to apply their knowledge of how, where and why to dodge. Pupils will learn the roles of attacking and defending and start to understand when we attack and when we defend while using their dodging skills.

By the end of this unit, I will be able to:

Doing - Pupils will be able to run applying the correct technique to ensure maximum speed. Pupils will run and stay in a space avoiding the defenders

Thinking - Pupils will demonstrate a growing understanding of where to run, why to run there and when and why running fast is important in games.

Team Work - Pupils will continue to develop life skills such as empathy and fairness as they listen, play by the rules and encourage others.

Wellbeing - Pupils will develop life skills such as honesty and self-belief as they strive to run as fast as possible, ensuring they are playing by the rules.

Key vocabulary

- Effectively
- Dodging,
- Direction
- Agility